△ Ryze

evo
Fitness & Wellbeing Smart Watch with Alexa™

User Manual

CONTENTS

1.0 WELCOME

Welcome to the Ryze family!

Ryze Evo has been carefully designed to help you stay active and healthy. This user guide contains information to ensure you can use and operate your Ryze Evo Smart Watch with ease.

We encourage you to save these instructions for future reference and to check the Ryze website for updates.

IMPORTANT: The Ryze Evo Smart Watch is not a medical or therapeutic watch. It is not intended for medical use or for use in the diagnosis, treatment, monitoring or prevention of disease or other health conditions. Always consult your doctor for health and medical advice.

In this manual, we will refer to the Ryze Evo Smart Watch, as: 'the Ryze Evo Smart Watch, and 'the watch.' We will refer to the Ryze Connect App as 'the App.'

2.0 IMPORTANT SAFETY INSTRUCTIONS

- To avoid short-circuiting the watch, keep the charging pins away from conducting materials such as metals.
- Use only a genuine Ryze Evo Smart Watch charging cable.
- Do not use the watch while charging it.
- The watch and charger may become slightly warm while charging.
- To prevent watch failure, fire or explosion, never place the watch or its accessories near extreme temperatures.
- To prevent any watch or accessory damage, please protect it and its accessories against impact or shock.
- Do not disassemble, modify or repair the watch or its accessories as this may cause injury and will invalidate your warranty.
- To protect the watch's magnetic field, keep the watch and its accessories away from strong magnetic fields and magnetic objects such as magnetic stripe cards, credit cards, phone cards, passbooks and microwaves.
- Do not scratch the watch or its accessories with any sharp objects.

2.1 WEAR & CARE

- If you find the watch particularly uncomfortable to wear, please either adjust the watch strap or take it off.
- If you experience any skin irritation, please stop wearing the watch.

2.2 CARE & CLEANING

- Do not fasten the watch too tightly around your wrist.
- Please keep the watch clean and dry.
- Use only soap-free cleaner for cleaning the watch.

- Do not use household cleaners to clean the watch.
- For hard-to-remove stains, try scrubbing with alcohol.

3.0 PRODUCT SPECIFICATIONS

Screen Type	1.69 inch Colour Touch Screen
Battery Capacity	300mAh
Charging Voltage	5V ± 0.2V
Charging Time	Fully charged in Approximately 2.5 hours
Battery Life	Up to 7 days*
Waterproof Level	5ATM, IP68
Bluetooth Connectivity	BLE5.0
Maximum Transmission Power Consumption	4dBm
Product Frequency	2402-2480 Mhz
Charging Temperature Range	0°C to 40°C
Vibration Motor	Yes
Heart Rate Sensor	Yes

*Battery life will be shortened by more frequent use of continuous heart rate monitoring, automatic stress measurement, screen activation, vibration notification, data sync to the App and other factors.

4.0 PRODUCT KEY FEATURES

Please see below for an explanation of our key features.

SMART ASSISTANCE

4.1 AMAZON ALEXA™ APP

Once set up and linked with the Ryze Connect App, you can use your Ryze Evo Smart Watch to use the Alexa voice assistant to set a timer or an alarm. You can also check the weather, utilise other features and even control other Alexa-enabled smart appliances in your home.

HEALTH

4.2 ANTI-BACTERIAL STRAP

The wristband (strap) for Ryze Evo Smart Watch is made with lightweight, durable, and smooth to touch polymer with antibacterial properties.

The easy-to-clean strap is designed to withstand sweat from daily activities.

4.3 REAL-TIME HEART RATE MONITORING

Your Ryze Evo Smart Watch supports both on-demand and 24/7 automatic measurement of your heart rate. The measured **'Heart Rate'** is presented in BPM or beats per minute.

When App-enabled, the continuous heart rate monitoring watch service, automatically measures your heart rate. Having the monitoring function run continuously will draw more power and shorten the life of your battery.

4.4 BLOOD OXYGEN MONITORING

The blood oxygen saturation, also known as SpO2, is a measure of your blood's oxygen-carrying capacity and a vital physiological parameter of the human respiratory system.

Your Ryze Evo Smart Watch supports on-demand measurement of **'SpO2.'**

4.5 STRESS MONITORING

Stress is an indicator of your physiological strain. The Ryze Evo Smart Watch can measure your stress level but please be aware it is a guide only. Only a qualified health professional can accurately diagnose stress.

Your watch supports both on-demand and 24/7 automatic measurement of your stress levels. The measured stress level is intuitively presented as a **'Stress Score.'**

When App-enabled, the **'Stress Monitoring'** watch service automatically measures your stress level. Stress records are colour-coded into the **'Stress Zone'** and include **'High Stress,' 'Medium Stress,' 'Normal Stress,'** and **'Relaxed State'** which are viewable in the App.

4.6 SLEEP MONITORING

To use this feature, open the App, go to **'Device'**, tap **'Health Settings'** and enable **'Sleep Monitoring'**, wear your Ryze Evo Smart Watch while you sleep. The watch will automatically monitor your sleep and track your sleep duration and quality.

You can view the sleep analysis in the App. It includes a **'Sleep Score'** that points to your measured sleep quality and provides a detailed analysis on both the duration and the ratio of your various sleep stages, including light sleep, rapid eye movement (REM) sleep, deep sleep and when you are awake.

4.7 MINDFULNESS & BREATH TRAINING

Start a guided breathing session anytime on your Ryze Evo Smart Watch. Inhale and exhale to a set rhythm and practice mindfulness by focusing solely on your breath.

4.8 MENSTRUAL CYCLE TRACKING

Have a better understanding of your health needs with the menstrual cycle tracker. The function allows the user to set their cycle length, duration of menstruation, and set a reminder when your period is due next, based on your cycle.

4.9 REMINDER TO DRINK

Set yourself a reminder to drink water at set intervals to keep yourself hydrated and healthy.

FITNESS

4.10 FITNESS SCORE (APP ONLY)

View your personal **'Fitness Score'** in the App. The fitness score is an intuitive overview of your daily fitness records underpinned by the levels of **'Activity', 'Walking'** and **'Exercise'** you have completed.

4.11 ACTIVITY TRACKING

The amount of activity you do contributes to your overall fitness. The watch tracks your level of **'Activity'** in terms of calories burned during your daily activities.

To improve its accuracy, please ensure that your profile settings such as gender, height, weight and age are correct.

4.12 WALKING, STEPS PEDOMETER & DISTANCE TRACKING

The Ryze Evo Smart Watch tracks your **'Walking'** activity in terms of hours in which you have stood and moved around for at least a minute.

The watch also supports measurement of **'Steps'** taken, and **'Distance'** covered. To improve its accuracy, please check and ensure that your profile settings such as gender, height, weight and age are correct.

4.13 EXERCISE TRACKING, 25 SPORTS MODES & WORKOUT GOALS

The Ryze Evo Smart Watch tracks the duration of moderate-to-high intensity **'Exercises'** that you have completed.

Our **'Intelligent Exercise Recognition'** watch function and its inbuilt AI, automatically detects if a user is walking or running.

You can also choose from 25 sport modes in the App to tailor your workout session and get real-time data for your exercise session. Set yourself an optional **'Training Goal'** for a sport session to keep focused on your fitness goal.

4.14 ROUTE TRACKING (APP ONLY)

Connect to your smartphone's GPS and start an exercise session from the App to see real-time route tracking as well as pace and distance during hikes, walks and runs.

4.15 SWIM-PROOF & SWIM TRACKING

The Ryze Evo Smart Watch has an IP68 waterproof rating.

This means the Ryze Evo Smart Watch is suitable for shallow-water activities including swimming. It can be worn during a cold-water shower, indoor pool, and open water. The watch can survive spills and splashes.

NOTE: The watch is NOT suitable for deep diving, in a spa/hot tub, in a hot spring, sauna or high-temperature steam environment.

4.16 HEART RATE ZONES (APP ONLY)

Review the effectiveness of your exercise in the App by checking the various heart rate zones you experienced throughout a completed exercise session.

4.17 REMINDER TO WALK AROUND

Set yourself a reminder at the 50th minute of each hour, to get up and walk around. This will help you reach your daily step goal.

5.0 WATCH OVERVIEW

TOUCH SCREEN BUTTON

MAGNETIC CHARGING CONTACTS
HEART RATE SENSOR

6.0 PACKAGE CONTENTS

Please check that all components are present:

• Ryze Evo Smart Watch x 1

• Additional Watch Band x 1

• User Manual x 1

7.0 GETTING STARTED

7.1 WEARING THE RYZE EVO SMART WATCH CORRECTLY

The Ryze Evo Smart Watch should rest a finger's width below the wrist bone. The heart rate sensor (at the bottom of the watch) should be slightly in contact with your skin.

7.2 POWER ON & CHARGING
IMPORTANT:

• The Ryze Evo Smart Watch will need to be fully charged before first use.
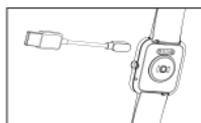
Use only the original charging cable for charging the watch. Align and attach the supplied magnetic charging cable to the magnetic contacts on the back of the watch.
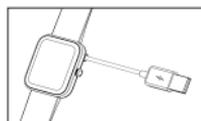
Insert the opposite end of the charging cable into a USB-A charging port (not supplied).

The specified voltage and current rating of the USB port should be 5V/500mA. Be careful not to reverse the polarity.
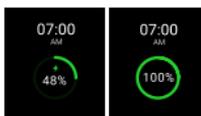
The screen will automatically turn on momentarily.

When the screen turns off, tap the touch key to wake up the screen. Once the watch is fully charged, remove the watch from the charging port to use the watch.

7.3 BASIC OPERATION, POWER ON & POWER OFF

The watch has a physical button and supports full-screen touch operation.
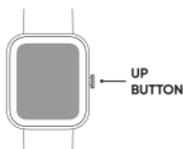
Short press on the button:
- To return (go back) to the main screen.
- To wake up the screen when it is off.

Press and hold the button:
- To turn ON the watch.
- To activate Alexa on watch face.
- Hold for 5 seconds while charging to reset.

Note: Charge to activate the watch before first use.

UP BUTTON
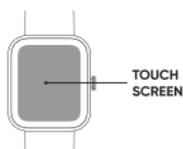
Swipe the screen up or down:
- To switch between menus/pages.
- To view long texts or details.

Swipe the screen left or right:
- To switch between menus/pages.

Short tap on the screen:
- To enter the menu/ go to sub menus.
- To operate according to prompt, completing an action depending on the button tapped.

Tap and hold the screen:
- To change the watch face wallpaper.

TOUCH SCREEN

POWER OFF

The shutdown path on the Ryze Evo Smart Watch is:
Settings > Power OFF.

8.0 USING THE WATCH WITH RYZE CONNECT APP

The Ryze Evo Smart Watch works with the Ryze Connect App. Installing the Ryze Connect App on your smartphone allows you to access all feature sets available for the watch via the App.

8.1 DOWNLOAD AND INSTALL THE APP

To connect your Ryze Evo Smart Watch to your smartphone, install the **'Ryze Connect'** App on your smartphone.

You can download the App from Google Play™ Store or Apple™ App Store by searching for **'Ryze Connect'**. The Ryze Connect App runs on smartphones with the below operating systems.

- Android 6.0 or later.
- iOS 9.0 or later.

You can download the App by scanning the QR code below to take you to either the App Store or Google Play store, depending on the operating system of your smart device.

8.2 PAIRING THE WATCH WITH THE APP

You will need to have both your Ryze Evo Smart Watch and your smartphone handy. You must have installed the Ryze Connect App on your smartphone.

If you do not have the latest version of the App, please update it via your smartphone. This can be checked and updated through either the Google Play or Apple App Store.

To pair your watch to the App on your smartphone, please follow these steps:

- Turn ON the Bluetooth on your smartphone.
- Enable and approve permissions for the Ryze Connect App to access your phone's location.
- Open the Ryze Connect App. Select **'Login'** and create a new account before first use. To register, simply follow the prompts.
- Once registration is complete, press the watch button to activate the watch screen and bring the watch close to your smartphone.
- In the App, go to the **'Device'** menu. Tap on the **'+'** sign in the **'Device'** menu page. The App will automatically search for nearby watches and show a list of the watches that are available for pairing.
- Select the Ryze Evo Smart Watch and then confirm the pairing request to complete.
- Select the Ryze Evo Smart Watch, and confirm the pairing request to complete.
- Follow the prompt in the instructions to complete your profile settings and set up a **'Step Goal'** and **'Weight'** in the App.

NOTE:

- If your Ryze Evo Smart Watch is currently connected to a smartphone and you would like to pair it to a new smartphone, please turn off the Bluetooth of the smartphone that your Ryze Evo is currently connected to.
- For iOS device such as iPhone, after the Ryze smart watch is unpaired from the App, you need to find the smart watch in the Bluetooth device list on the iPhone. Touch the ⓘ symbol next to the watch name, touch **'Forget this Device.'** Disable and re-enable Bluetooth or restart your iPhone. After that you can pair the smart watch to the App again.
- Pair your watch with the App for automatic time adjustment.

8.3 UNPAIRING THE WATCH FROM YOUR SMARTPHONE

Open the Ryze Connect App on your smartphone.

Tap the **'Device'** menu in the App. Then tap on the upper left watch profile image. In the **'Device management'** sub-menu, tap **'Delete device.'**

9.0 UPDATING THE FIRMWARE ON THE WATCH

Please update the Ryze Evo Smart Watch firmware before it is initially used, and keep checking for any software updates during regular intervals.

To update the firmware on your Ryze Evo Smart Watch, follow the below steps:

• Open the Ryze Connect App on your smartphone.

• Tap the **'Device'** menu in the App. Then tap on the upper left Ryze Evo Smart Watch profile image. In the **'Device management'** sub-menu, tap **'Device update.'**

10.0 KEY FEATURES OF THE RYZE CONNECT APP

Ryze Connect is a free App, which is an intelligent health management platform that supports data analysis, social sharing of sports and health data.

Your Ryze Connect Smart Watch automatically records your daily activity data while you are wearing it. Once you have paired your watch to your smartphone, you can periodically synchronise your watch data to your smartphone and view the historical activity data on your App.

NOTE: We are constantly trying to Evo the App's usability. For the latest updates on the manual and App, please visit the Ryze website at **www.ryzeabove.com.au** or **www.ryzeabove.co.nz**

10.1 HOME MENU AND ACTIVITY DASHBOARD

The main dashboard where you can set up and edit information or records. This is located on the **'Home'** menu on the App. Here is where you can view your historical health, exercise and fitness data that is linked to your App.

Each type of historical data is displayed in a tile form, known as a **'Card.'** You can add or delete the **Card** for each type of activity data by following the steps below:

• Tap on **'Home'** menu in the App and scroll down the screen to reveal **'Edit Card.'**

• Tap on **'Edit Card'** to access the sub-menu.

• Click on **'+'** or **'-'** sign next to each data type to add or delete the corresponding data type in the **'Home'** menu.

You can select **'Steps'**, **'Sleep Cycle'**, **'Training Records'** or **'Heart Rate'** cards, in any combination. You can easily add these to the **'Home'** menu.

Once the cards are displayed in the **'Home'** menu, try synchronising the saved data on your watch to your smartphone regularly.

To do this, follow the below steps:

- Verify that the smartphone's Bluetooth is turned ON.

- Go to the **'Device'** menu in the App and verify that your watch is connected. If not, tap on **'All devices'** and connect your Watch or complete the pairing process.

- In the **'Home'** menu, tap the middle of your smartphone screen and swipe (scroll) down the screen until you see the message **'Pull Down To Synchronise Data'** appear along the top end of the screen. Then, lift your finger to synchronise data saved on the watch to the App.

- In the **'Home'** menu, tap on each **'Card'** to reveal and review its historical data in daily, weekly, monthly and yearly formats as well as additional commentary and information associated with the respective card.

10.2 EXERCISE MENU AND ROUTE TRACKING

The **'Exercise'** menu in the App is the main dashboard where you can:

- Initiate an exercise session for route tracking.

- Configure the settings on your smartphone for proper sport recording.

- Set up your exercise training goal, heart rate alert and distance.

- Edit the sport list that appears on the **'Exercise'** menu.

10.2.1 ENABLING ROUTE TRACKING FOR AN EXERCISE SESSION

The App currently supports route tracking for exercises including:

Outdoor Running | Outdoor Walking | Outdoor Cycling | Hiking | Indoor Running | Indoor Walking.

For proper sport tracking, the Ryze Connect App must be granted access to your Android smartphone's GPS location and be given permission for auto-launch via the setting for **'Set Sport Permission.'**

To enable route tracking by the App, follow the below steps:

- In the **'Exercise'** menu, tap the setting icon 🔅 on the upper right.

- Tap on **'Set Sports Permission'** (Android phones only).

- Tap on **'Quick Settings'** or follow the prompts, scroll down the screen and slide the button next to '**Ryze Connect,'** to the ON position.

- Turn ON your smartphone's GPS and grant the location / GPS permissions to the Ryze Connect App to achieve full functionality.

NOTE: Keep your watch Bluetooth connected to the App and close to your smartphone during the exercise session for route tracking.

10.2.2   EDITING SPORT LIST FOR ROUTE TRACKING

In the **'Exercise'** menu, you will find an editable list of exercises along the top end of the map. To edit the exercise list, follow the below steps:

• In the **'Exercise'** menu, tap on " ⋮ " then tap **'Edit Sports'**. Tap on **'+'** or **'–'** to add or delete an exercise type.

10.2.3   STARTING, PAUSING, RESUMING, AND STOPPING AN EXERCISE SESSION WITH ROUTE TRACKING

In the **'Exercise'** menu, tap on an exercise name along the upper list. For example, **'Outdoor Running'** can be selected by highlighting the exercise. Tap on the upper list and swipe left or right to reveal other exercises.

To start an exercise session via the App, tap on the **'Start'** button for 2 seconds then lift your finger. Once an exercise session is started in the App, it will trigger the Ryze Connect Smart Watch connected to the App to run the sport mode selected in the App.

NOTE: Before starting an exercise session using the App, check that you have the same sport mode available on your watch. If not, refer to section 10.3.18 on how to change the sport modes available on the watch.

• To pause an exercise session via the App, tap on the pause button '▮▮.'

• To stop a paused exercise session via the App, tap and hold on the stop button '◼' for 2 seconds.

• To resume a paused exercise session via the App, tap on the resume button '▶.'

NOTE: Exercise needs to last for more than 1 minute before its data will be saved to create an exercise record.

10.2.4   SETTING AN EXERCISE TRAINING GOAL

In the **'Exercise'** menu, tap the upper right setting icon '⚙.' Tap on **'Training Goal.'** In the sub menu, select a type of goal from **Distance, Calories, Steps** or **Duration**.

10.2.5   SETTING A DISTANCE ALERT

In the **'Exercise'** menu, tap the upper right setting icon '⚙.' In the sub menu, tap on **'Sound Alert'** and select a distance for the alert.

10.2.6   SETTING A HEART RATE ALERT

To set a high heart rate alert during an exercise session, follow the below steps:
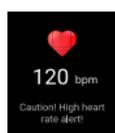
In the **'Exercise'** menu, tap the upper right setting icon '⚙'. Tap on **'Heart Rate Zone.'** Slide the button next to **'High HR Alert'** to the ON position.

10.3 DEVICE MENU AND SETTING WATCH PREFERENCE

The **'Device'** menu in the App is where you can easily set up preferences for the Ryze Evo Smart Watch connected to the App, including:

- Optional watch faces, health tracking function, reminders, alarms, notifications.
- Do not disturb mode, in-watch sport modes, motion activated screen, screen brightness and more.

You can also pair a new watch to the App via the **'Device'** menu.

10.3.1 PAIRING A NEW WATCH

Please refer to section **"8.2 PAIRING THE WATCH WITH THE APP"** for detailed pairing instructions.

10.3.2 CHANGING THE WATCH FACE

You can change the watch face for the Ryze Evo Smart Watch, when connected to the App.

Open the App. In the **'Device'** menu, tap on **'Watch Face Market.'** Select **'More.'** Choose from the watch face options, which are available online. Next, tap **'Add and Install.'** The chosen design will be loaded onto your Ryze Evo Smart Watch.

To choose your own image for use as the watch face, follow these steps. In the **'Device'** menu, tap on **'Watch Face Market.'** Then swipe up the screen to select **'Photo.'** Follow the prompt instructions, tap **'Add and Install'** and wait until completion to load the chosen image onto your watch.

10.3.3 SETTING MESSAGE NOTIFICATION FEATURE ON YOUR WATCH

With the feature enabled, the Ryze Evo Smart Watch will receive notifications of messages on your smartphone when the watch stays Bluetooth connected with the running App. To enable or disable this function, follow the steps below:

- Open the App. In the **'Device'** menu, tap on **'Notifications.'** Find and tap on **'Select to set Notification Access.'** Then scroll down the list to find the **'Ryze Connect'** App and slide the button next to the App to toggle the message notifications ON or OFF.

To enable or disable message notifications from a messaging application on your smartphone, follow the below steps:

- Open the App. In the **'Device'** menu, tap on **'Notifications.'** Find the corresponding App and slide the button next to it to the ON or OFF position.
- Tap **'<'** to save the watch settings.
- Return to **'Home'** menu and synchronise the watch again.

10.3.4 **SETTING UP AN ALARM ON THE WATCH VIA THE APP**
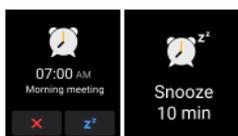
In the **'Device'** menu, tap on '**Alarm Clock'** and select **'Add Alarm.'** Choose your setting for alarm as required. Tap on ' ✓ ' in the upper right to confirm.

Once an **Alarm** is added, slide the button next to the **Alarm** to toggle the alarm ON or OFF.

10.3.5 **SETTING UP CONTINUOUS HEART RATE MONITORING ON YOUR WATCH**

By default, your heart rate will be measured in real time when an exercise session is initiated regardless of the setting for **'Continuous HR Measurements.'**

To enable or disable the continuous heart rate monitoring function on your watch, follow the below steps:

- Open the App. In the **'Device'** menu, tap on **'Health'** and select **'HR monitoring.'** Slide the button next to **'Continuous HR Measurements'** to toggle it ON or OFF.

- Two options are available for measurement frequency of heart rate, namely **'Real-time monitoring'** and **'Automatic measurement.'**

- When **'Real-time Monitoring'** is selected, both the measurement frequency and power consumption of the watch will increase and thus shorten the life of your battery.

10.3.6 **SETTING UP AUTOMATIC STRESS MONITORING**

Open in the App. In the **'Device'** menu, tap on **'Health'**. Tap on **'Stress Monitoring.'**

- To enable stress monitoring, slide the button next to **'Stress Monitoring'** to the ON position.

- To enable high stress alert, slide the button next to **'High Stress Reminder'** to the ON position.

Follow the instructions to complete the remaining settings to complete the reminder. Tap on ' ✓ ' in the upper right to confirm.

10.3.7 **SETTING UP A DRINKING REMINDER ON YOUR WATCH**

Open the App. In the **'Device'** menu, tap on **'Health'**. Tap on **'Drinking Reminder.'** Follow the prompts to complete the settings for the reminder. Tap on ' ✓ ' in the upper right to confirm.

**10.3.8   SETTING UP A WALK-AROUND REMINDER ON YOUR WATCH**

In the **'Device'** menu, tap on **'Health'**. Tap on **'Walk-Around Reminder.'** Follow prompt instructions to complete the settings for the reminder. Tap on '✓' in the upper right to confirm.

10.3.9   SETTING UP A MENSTRUAL CYCLE TRACKER

In the **'Device'** menu, tap on **'Health.'** Tap on **'Menstrual Cycle.'** Follow prompt instructions to complete the settings for the reminder. Tap on '✓' in the upper right to confirm.

10.3.10   ENABLING INCOMING CALL ALERT ON YOUR WATCH

With the feature enabled, the Ryze Evo Smart Watch will receive a notification of incoming call on your smartphone when the watch stays Bluetooth connected with the running App. To enable this function, follow the steps below.
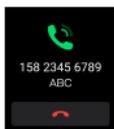
In the **'Device'** menu, tap on **'Call Alert.'** In the sub menu, slide the button next to **'Call Reminder'** to toggle the reminder ON or OFF. Follow prompt instructions to complete the setting.

Incoming call alerts are disabled when the **'Do Not Disturb'** mode is enabled.

NOTE: This setting only allows for incoming call alert and call reject, it does not allow you to make and receive calls via the watch.

10.3.11   ENABLING DO NOT DISTURB MODE ON YOUR WATCH

The **Do Not Disturb** function can be used to disable message and incoming call alert notifications.

To enable this feature, follow the steps below.

•   In the **'Device'** menu, tap on **'More settings.'** Tap on **'Do Not Disturb Mode (DND).'**

•   Slide the button in the sub-menu to toggle the **DND** mode ON or OFF. Follow the prompts to complete the setting. Tap on '✓' in the upper right to confirm.

10.3.12   ENABLING INTELLIGENT SPORT DETECTION FEATURE ON YOUR WATCH

When the sport detection AI is enabled, the watch will automatically detect a if you are running or walking. To enable this feature, follow the steps below.

•   In the **'Device'** menu, tap on **'More settings.'** Tap on **'Intelligent exercise recognition.'**

- To enable automatic detection of a walking state, slide the button next to **'Walking'** to the ON position.

- To enable automatic detection of a running state, slide the button next to **'Running'** to the ON position.

10.3.13 ENABLING THE FIND PHONE FEATURE ON YOUR WATCH

The **Find Phone** feature rings from your watch to its Bluetooth connected smartphone.

To enable this feature, follow the steps below.

- In the **'Device'** menu, tap on **'More settings.'** Slide the button next to **'Find Phone'** to the ON position.

- Tap **'<'** to save the watch settings.

- Return to **'Home'** menu and synchronise the watch again.

10.3.14 ENABLING MUSIC CONTROL FEATURE ON YOUR WATCH

The **Music Control** feature allows you to control music from your Bluetooth connected watch. To enable this feature, follow the steps below.

- In the **'Device'** menu, tap on **'More settings.'** Slide the button next to **'Music Control'** to the ON position.

- Tap **'<'** to save the watch settings.

- Return to **'Home'** menu and synchronise the watch again.

10.3.15 ENABLING WRIST-ACTIVATED WATCH SCREEN

In the **'Device'** menu, tap on **'More settings.'** Slide the button next to **'Lift your wrist to activate screen'** to toggle the feature ON or OFF on your watch.

NOTE: Once the feature is enabled, to turn on the screen, lift and twist your wrist so that the screen faces upwards.

10.3.16 ENABLING WEATHER PUSH ON YOUR WATCH

- In the **'Device'** menu, tap on **'More settings.'** Slide the button next to **'Weather Push'** to the ON position.

- Tap **'<'** to save the watch settings.

- Return to **'Home'** menu and synchronise the watch again.

10.3.17 ENABLING AUTO SCREEN BRIGHTNESS

In the **'Device'** menu, tap on **'More settings.'** Tap on **'Automatic brightness at night'** and your desired setting.

10.3.18 CHANGING SPORT MODES AVAILABLE ON YOUR WATCH

Choose an exercise from the available sport modes for your workout session to get real-time data for your exercise session. To do this, follow the steps below.

- In the **'Device'** menu, tap on **'More settings.'** Tap on **'Training Mode'** and choose the sports you want to see showing on your watch.

10.3.19 FAMILY ACCOUNT & FAMILY MEMBERS

The Family Account is an App feature which allows you to conveniently manage the smart watches for your family, set up goals for a family member and monitor activities of the group all from one location.

To create a new family account, follow the below steps.

- In the **'Device'** menu, tap on the top right **'+'** icon.
- Tap **'Use by a family member'** along the top end of the screen.
- Tap **'Create family member's account'**. Follow the prompts and fill in required information to complete.
- Select **"I have Read and Agree User And Privacy Policy"**. Select **'Create'**. Select **"I Agree"** when you are prompted to enable cloud storage.
- Follow the prompt to complete the personal / user information. Select **'Finish'.**

To pair a device to your phone for a family member, follow the below steps.

- In the **'Device'** menu, tap on the top right **'+'** icon.
- Tap to select on the profile image of the family member.
- Click on the **'Search'** icon and tap on a device from the **Found List** to add the device to the family account. Select **'Finish'**.

Once a family account has been setup, you will find **'My Family'** in the **'Home'** menu. Tap on **'My Family'** and select a family member to review activity data and set up fitness goals for the member.

10.4 MY MENU AND ACCOUNT PROFILE SETTING

The **'My'** menu is the go-to place where you can see your health and fitness journey.

The **'My'** menu can access a range of in-App services.

You can view reports on available activity data such as:

Steps | Distance | Calories | Heart Rate | Sleep etc.

In the frequency of:

Daily | Weekly | Monthly | Yearly

10.4.1 SETTING YOUR PROFILE

In the **'My'** menu, tap on the upper **Photo Icon** and follow the prompts to input your details.

10.4.2 VIRTUAL MEDALS

This is a tool to keep yourself motivated and incentivised towards a personal fitness goal. Virtual medals are awarded by completing an exercise goal.

- In the **'My'** menu, tap on **'My Medals'** to review the various types of virtual medals and learn how you can achieve them.

10.4.3 RECORDS ON ACTIVITIES DATA, HEALTH DATA AND SPORTS (EXERCISE) DATA

In the **'My'** menu, tap on **'My Data'** to access the sub-menu.

• Scroll up or down the screen to reveal all analysed data. Tap on a type of activity to review the daily, weekly, monthly, and yearly data recorded for the chosen activity.

Records will show all historical data collected and downloaded from watches linked to the account.

10.4.4 WEEKLY HEALTH REPORTS

In the **'My'** menu, tap on **'Health Report'** to reveal a list of weekly reports.

Tap on a **Weekly Report** to view the records of your activity data.

10.4.5 SETTING YOUR PERSONAL GOAL

In the **'My'** menu, tap on **'Settings.'** Tap on **'My Goals.'** Follow the prompts to set up your personal goal.

10.4.6 CHANGING PREFERENCE SETTINGS

In the **'My'** menu, tap on **'Settings.'** Tap on **'Preference Settings.'** Follow the prompts to set up your preference for unit of measurements, week start day and time format (12H or 24H).

10.4.7 DATA PRIVACY & SECURITY

You can control how your data is shared to the Cloud.

To clear your personal data from being stored on the cloud, follow the steps below:

• In the **'My'** menu, tap on **'Settings.'** Tap on **'Privacy and Security.'**

• Tap on **'Clear Personal Data on the Cloud.'**

To stop synchronising / sharing data to the cloud, follow the below steps:

• In the **'My'** menu, tap on **'Settings.'** Tap on **'Privacy and Security.'**

• Slide the button to OFF position for all displayed items.

10.4.8 SHARING YOUR DATA WITH GOOGLE FIT

You can share your data with Google Fit.

Please note, this service is only visible on the version of the App that is running on the Android system.

To share this data with Google Fit, follow the steps below:

• In the **'My'** menu, tap on **'Data Sharing and Authorisation.'**

• Slide the button next to **'Google Fit'** to the ON position.

10.4.9 SHARING DATA WITH APPLE HEALTH

You can share your data with Apple Health.

Please note, this service is only visible on the version of the App that is running on the Apple iOS system.

To share this data with Apple Health, follow the steps on the next page:

- In the **'My'** menu, tap on **'Data Sharing and Authorisation.'**
- Slide the button next to **'Apple Health'** to the ON position.

10.4.10 SHARING DATA WITH STRAVA

You can share your data with Strava.

To share this data with Strava, follow the steps below:

- In the **'My'** menu, tap on **'Data Sharing and Authorisation.'**
- Tap on **'Strava'** and follow the prompts to complete the process.

10.4.11 CHANGING ACCOUNT EMAILS

To change your account email address, follow the steps below:

- In the **'My'** menu, tap on **'Settings.'** Tap on **'Modify email.'**
- Step through the prompts to change your email account.

10.4.12 CHANGING ACCOUNT PASSWORD

To change your account password, follow the steps below:

- In the **'My'** menu, tap on **'Settings.'** Tap on **'Change password.'**
- Step through the prompts to change your password.

10.4.13 LOG OUT

To sign out of your App account, follow the steps below:

- In the **'My'** menu, tap on **'Settings.'** Tap on **'Log Out.'**

10.4.14 CANCEL ACCOUNT

To cancel your App account, follow the steps below:

- In the **'My'** menu, tap on **'Settings.'** Tap on **'Cancel Account.'**
- Follow the instructions to complete the process.

11.0 KEY FEATURES ON THE RYZE EVO SMART WATCH

11.1 THE TOP LEVEL WATCH MENUS

This is the main watch screen.

- Swipe the screen **left or right** to switch between the horizontal menus (screens) below.

NOTE: You can add, delete, or rearrange the shortcut screens (Screen 3 to 8) via the App. To do this follow these steps.

Open Ryze Connect App > Device > More Settings > Shortcuts

HORIZONTAL SCREENS

SCREEN 1	SCREEN 2	SCREEN 3	SCREEN 4
Alexa Built-in[1]	Watch Face (Main Screen)	Health Data Shortcut	Heart Rate Shortcut

SCREEN 5	SCREEN 6	SCREEN 7	SCREEN 8
Stress Shortcut	Last Training Shortcut	Weather Push Shortcut[2]	Music Control Shortcut[3]

NOTE:

[1] **Alexa Built-in:** This feature requires the watch to remain connected to the App and login to your Alexa account to work.

[2] **Weather Push Shortcut:** This feature can be disabled or enabled in the App and requires data sync for updates.

[3] **Music Control Shortcut:** This feature can be disabled or enabled in the App.

This is the main watch screen.

- Swipe the screen **up or down** to switch between the vertical menus (screens) below.

VERTICAL SCREENS

SCREEN 1	SCREEN 2	SCREEN 3
Message Notification	Watch Face (Main Screen)	Quick Settings

To bring up the **'Applications'** screen, follow these instructions:

- Return to the main watch screen.
- Press the up button once to enter the Applications menu.
- Swipe the screen **up or down** to browse the entire menu.

←— BUTTON

APPLICATIONS MENU

	1. Health Data		7. Stress		13. Alarm		
	2. Exercise		8. Breath Training		14. Timer		
	3. Amazon Alexa		9. Sleep		15. Find Phone		
	4. Exercise Record		10. Weather		16. Flashlight		
	5. Heart Rate		11. Music Control		17. Settings		
	6. Blood Oxygen		12. Stopwatch				

11.2   CHANGING THE WATCH FACE

This is the main watch screen. There are several ways to change the watch face, as described below.

1. To access watch faces available in the watch memory, tap and hold the main watch screen for 2 seconds, then swipe left or right to switch between available designs. Tap (short press) the screen to confirm.

2. Access the watch face market via the App. Please refer to the previous section **'10.3.2 CHANGING THE WATCH FACE'** for instructions on how to do this.

11.3   HEALTH DATA SHORTCUT (STEPS, CALORIES & DISTANCE)

Health Data
Shortcut Screen

This is a shortcut screen for **'Health Data.'** The screen displays user steps count, calories burnt and walking distance.

This shortcut screen can be enabled in the App. Please refer to **'11.1. TOP LEVEL WATCH SCREENS'** for setup instructions.

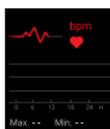- Press the side button once to return to the main screen.

11.4 HEART RATE MEASUREMENT
CONTINUOUS HEART RATE MEASUREMENT

The continuous heart rate measurement can be enabled in the App. Please refer to **'10.3.5. SETTING UP CONTINUOUS HEART RATE MONITORING ON WATCH'** for setup instruction.

The continuous heart rate measurement function consumes more battery power and will shorten the life of the battery hence requiring more frequent charging.

NOTE: Please refer to information about **'Average Heart Rate'**, **'Heart Rate while exercising for your age group and gender'** via reputable sources online or ask your medical practitioner for advice. This Ryze Evo Smart Watch is not a medical device. Any value sets and data gathered are shown for reference only.

Screen shows measurement in progress

With continuous HR Measurement Enabled

To ensure a more accurate measurement, the watch should rest a finger's width below the wrist bone and should be worn snugly when you are doing exercise.

From the main watch screen, you can switch to the measurement screen by either one of these methods:

- Press the side button once, then tap to choose **'Heart rate'** from the applications menu.
- Swipe left for the **'Heart rate'** shortcut. Please refer to **'11.1. TOP LEVEL WATCH SCREENS'** for setup instructions.

Please keep still and wait patiently whilst heart rate measurement is in progress. Press the up button once to return to the main screen.

11.5 STRESS MEASUREMENT
Automatic Stress monitoring

Automatic stress monitoring can be enabled in the App. Please refer to **'10.3.6. SETTING UP STRESS MONITORING ON WATCH'** for setup instruction.

NOTE: This Ryze Evo Smart Watch is not a medical device. Any value set and data gathered are shown for reference.

Screen shows measurement in progress



With Automatic Monitoring Enabled

To ensure a more accurate reading of a user's stress level, the watch should rest a finger's width below the wrist bone and should be worn snugly.

From the main watch screen, you can switch to the measurement screen by either one of these methods:

- Press the up button once, then tap to choose **'Stress'** from the applications menu, or

- Swipe left for the **'Stress'** shortcut. Please refer to **'11.1. TOP LEVEL WATCH SCREENS'** for setup instructions.

Please keep still and wait patiently whilst stress measurement is in progress. Press the up button once to return to the main menu.

11.6 EXERCISE (SPORT) MODE
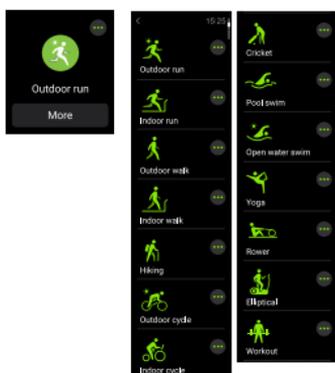
Get accurate, real-time exercise data for your varied workout activities.

From the main watch screen, you can switch to the sport mode by either one of these methods:

- Press the side button once to enter applications menu. Then tap to choose **'Exercise.'**

- Swipe left for the **'Last Training'** shortcut. Please refer to **'11.1. TOP LEVEL WATCH SCREENS'** for setup instructions.

The combination of sport modes available on the Ryze Evo Smart Watch can be changed at any time, via the App, and be chosen from a list of 25 sport modes.

- To change the displayed sport list, please refer to **'10.3.18. CHANGING SPORT MODES AVAILABLE ON YOUR WATCH'** and choose from the 25 sport modes in the App.

Press the side button once to return to the main screen.

11.6.1 STARTING AN EXERCISE SESSION

Once you have decided on a type of sport, you can set an optional goal for your workout session.
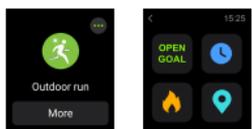
MAIN MENU   GOAL SETTING
                        PAGE

- Tap **'•••'** to open the goal setting page.

- If you don't wish to set a goal, tap **'OPEN GOAL'** and start the exercise.

- If you wish to set a goal, tap the corresponding goal icon. The goal, which you can choose from below, varies by workout types.
Duration | Calories | Distance
Follow the prompts to complete settings.

AI COMPETITOR FOR OUTDOOR RUN

If you choose **'Outdoor Run'** for your workout session, the Ryze Evo Smart Watch allows you to set an artificial running companion for you to compete against.

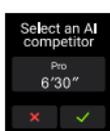To use this feature, follow the instructions below.

- Tap on the green running man icon.
- While in sub menu 1, tap the middle icon to choose an AI competitor from options below.
  Last Time | Single Best | Standard | Pro | Customise
  Follow the prompts to complete settings.
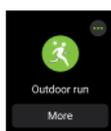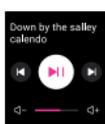

MAIN MENU   SUB MENU 1

SUB MENU 2

11.6.2 DURING AN EXERCISE SESSION

The screen displays real time exercise data when the exercise session is in progress.

- Scroll down the screen to view all data.

The types of data shown during an exercise session are sport dependent.

- When music control is enabled, swipe the data screen **left or right** to switch between the music control screen and the real time data screen.

## AI COMPETITOR FOR OUTDOOR RUN


LAGGING AI   LEADING AI

Once you have chosen a running companion for an **'Outdoor Run'** workout session, you can monitor your running progress against the artificial competitor

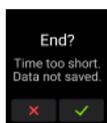### 11.6.3 PAUSING, RESUMING & STOPPING AN EXERCISE SESSION

- To suspend an exercise in progress, press the side button once.
- To resume an exercise session, tap ''.
- To stop an exercise session, tap '' then long press the side button. Tap '' to confirm.
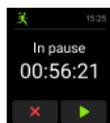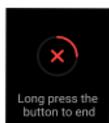
SCREEN 1   SCREEN 2   SCREEN 3

Only training sessions that last longer than a minute will be recorded. Training data will be shown once the session has finished.

11.7 WEATHER PUSH VIEW

The weather push function can be enabled or disabled in the App. Please refer to **'10.3.16. ENABLING WEATHER PUSH'** for setup instructions.

From the main watch screen, you can switch to the weather push screen by either one of these methods:

- Press the side button once to enter the applications menu. Then tap to choose **'Weather.'**
- Swipe left for the **'Weather'** shortcut. Please refer to **'11.1. TOP LEVEL WATCH SCREENS'** for setup instructions.

To update the weather data, follow these instructions below:

- Connect the Ryze Evo Smart Watch to the App, go to the **'Home'** menu and swipe the phone screen down to synchronise data.

Press the up button once to return to the main screen.

11.8 MUSIC CONTROL

The music control function can be enabled or disabled in the App. Please refer to **'10.3.14. ENABLING MUSIC CONTROL FEATURE ON YOUR WATCH'** for setup instructions.

From the main watch screen, you can switch to the music control screen by either one of these methods:

- Press the side button once to enter the applications menu. Then tap to choose **'Music control.'**
- Swipe left for the **'Music'** shortcut. Please refer to **'11.1. TOP LEVEL WATCH SCREENS'** for setup instructions.

Press the up button once to return to the main screen.

11.9 APP & MESSAGE NOTIFICATION
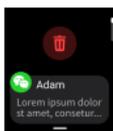
You can switch to the messages screen by swiping **down** the main watch screen.

The messages notification function can be enabled or disabled in the App. Please refer to **'10.3.3. SETTING MESSAGE NOTIFICATION FEATURE ON YOUR WATCH'** for setup instructions.

• Tap on a message to read or delete it.

Press the up button once to return to the main screen.

11.10 DISPLAY & FEATURE QUICK SETTING

You can switch to the quick setting page by swiping **up** the main watch screen.

Tap the icon to toggle each function ON or OFF. A lit-up icon means ON.

Top left icon: Tap to enable or disable **'Do Not Disturb (DND)'** function. In **DND** mode, message notifications and incoming call alerts are stopped. The **DND** function can also be set in the App. Refer to **'10.3.11. ENABLING DO NOT DISTURB MODE.'**

Top right icon: Tap to enable or disable the **'Wrist Activated Screen'** feature. The feature must first be enabled in the App. Refer to '**10.3.15. ENABLING WRIST-ACTIVATED WATCH SCREEN.'**

Middle left icon: Tap to change screen brightness.

Middle right icon: Tap to enable or disable the **'Find Phone'** feature. The feature must first be enabled in the App. Refer to **'10.3.13. ENABLING FIND PHONE FEATURE.'**

This feature requires that the Bluetooth on the smartphone be turned on and the watch remains connected with the smartphone.

Press the side button once to return to the main screen.

11.11 HEALTH DATA

To view health related statistics, including user steps count, distance covered, calories burnt, activity level and more, follow the steps on the next page.

From the main watch screen, press the up button once to enter the applications menu. Tap to choose **'Health data.'**

- Swipe the screen up or down to view all information.
- To view menstrual cycle information, first setup the tracker in the App with reference to **'10.3.9. SETTING UP A MENSTRUAL CYCLE TRACKER.'**

Press the up button once to return to the main screen.

11.12 EXERCISE RECORD

To view statistics for completed workout sessions, follow the steps below:

From the main watch screen, press the side button once to enter the applications menu. Then tap to choose **'Exercise Record.'**

- Tap on a sport icon to view its data.
- Scroll down the screen to reveal more data.

Press the side button once to return to the main screen.

11.13 BLOOD OXYGEN

To ensure a more accurate blood oxygen measurement, the watch should rest a finger's width below the wrist bone and should be worn snugly.

From the main watch screen, press the up button once to enter the applications menu. Tap to choose **'Blood oxygen.'**

- Please keep still and wait patiently whilst measurement is in progress.

Press the side button once to return to the main screen.

NOTE: This Ryze Evo Smart Watch is not a medical device. Any values set and data gathered are shown for reference only.

11.14 BREATH TRAINING

Start a guided breathing session anytime on your watch. Practice mindfulness by focusing solely on your breath.

From the main watch screen, press the up button once to enter the applications menu. Tap to choose **'Breath training.'**

- While on screen 1, tap on the text to invoke screen 2 and tap on time to invoke screen 3.
- While on screen 2, tap to choose a breathing speed from **Rapid, Normal** or **Slow**. Tap **'<'** to return to screen 1.
- While on screen 3, scroll the number up or down and choose a training duration. Tap '◉' to confirm.
- Follow the prompts for training instructions.

SUB MENU SCREEN 1   SUB MENU SCREEN 2   SUB MENU SCREEN 3   SUB MENU SCREEN 4   SUB MENU SCREEN 5
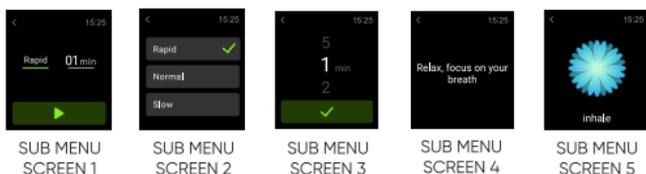
Press the up button to exit the function.

11.15 SLEEP

To use the sleep monitoring and measurement function, wear the watch while asleep. The watch should rest a finger's width below the wrist bone and should be worn snugly.

From the main watch screen, press the up button once to enter the applications menu. Tap to choose **'Sleep.'**

- Scroll the screen up or down to browse all data.

Press the side button once to return to the main screen.

11.16 STOPWATCH

From the main watch screen, press the up button once to enter the applications menu. Tap to choose **'Stopwatch.'**

- While on screen 1, tap '◉' to start the stopwatch.
- While on screen 2, tap '⏸' to pause the stopwatch. Tap '◉' on screen 3 to resume.
- While on screen 3, tap '🕐' once to log the time.
- While on screen 4, tap the grey text to view logged lap times.
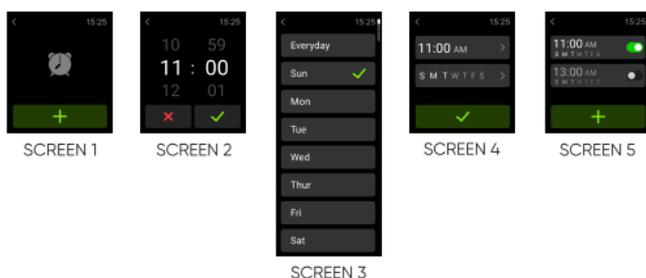
Press the up button once to exit the function.

SCREEN 1	SCREEN 2	SCREEN 3	SCREEN 4	SCREEN 5
00:00.00	00:05.16	00:05.16	00:57.26	5 00:56.21 ...

11.17 ALARM

The alarm function can be set in the App. Please refer to **'10.3.4. SETTING UP AN ALARM ON WATCH WITH APP'** for setup instructions. Alternatively, you can set up an alarm on the watch by following instructions below:

- From the main watch screen, press the up button once to enter applications menu. Tap to choose **'Alarm.'**
- Follow the prompts to complete settings.

Press the up button once to exit the function.

SCREEN 1	SCREEN 2	SCREEN 4	SCREEN 5

SCREEN 3

11.18 TIMER

From the main watch screen, press the up button once to enter the applications menu. Then tap to choose **'Timer.'**

- Set a countdown duration from pre-set time or tap **'+'** to set a time.
- While on screen 2, tap '⏸' to pause the timer. Tap '▶' on screen 3 to resume.
- While on screen 2, tap **'X'** to cancel the timer.

Press the side button once to exit the function.

| SCREEN 2	SCREEN 3	SCREEN 4
00:00:12	00:00:12	Exit?

SCREEN 1
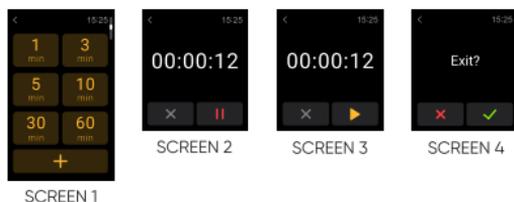
11.19 FIND PHONE

The find phone function can be enabled or disabled in the App. Please refer to **'10.3.13. ENABLING FIND PHONE FEATURE'** for setup instructions.

This feature requires that the Bluetooth on the smartphone be turned on and the watch remains connected with the App.

- Swipe **up** the main watch screen. On the settings page, select the top right icon.
- Press the side button once to enter applications menu Then tap to choose **'Find phone.'**
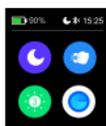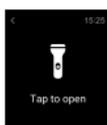

QUICK SETTING PAGE
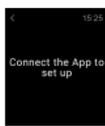
- • Tap the icon to start a search.
- • Press the side button once to exit.

11.20 FLASHLIGHT

From the main watch screen, press the side button once to enter the applications menu. Then tap to choose **'Flashlight.'**
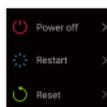
- • Tap screen to toggle the feature ON or OFF.

Press the side button once to return to the main screen.

11.21 RESTART, SHUT DOWN & RESET
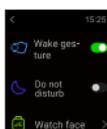
You can shut down, restart, or reset the watch.

From the main watch screen, press the side button once to enter the applications menu. Then tap to choose **'Settings.'** Swipe down the screen to view **'Restart'**, **'Power off'** and **'Reset.'**

- • Once the smart watch has reset, the data stored in the watch will be cleared and the watch will be unpaired from the App.
- • Once the smart watch has shut down (powered off), press and hold the **up button** for more than 5 seconds to turn it back on. If the watch does not turn on, please recharge the battery.

11.22 WAKE GESTURE & DO NOT DISTURB MODE

You can disable and enable the wake gesture and the do not disturb (DND) mode in your Ryze Evo Smart Watch.

From the main watch screen, follow the steps below.

- • Press the side button once to enter the applications menu.
- • Scroll down the screen and tap to choose **'Settings.'**

- Slide the button next to the feature name to toggle it ON or OFF.

The **'wake gesture'** feature automatically turns on the watch screen when a user raises their arm wearing the watch.

In **DND** mode, message notifications and incoming call alerts are paused.

11.23 USING AMAZON ALEXA

This watch supports the Amazon Alexa voice assistant function. To use Alexa on your Ryze Evo Smart Watch, you first need to login into your Amazon account in the Ryze Connect App.

You can use Alexa to help you set a timer or an alarm, check the weather, start sport monitoring, view sport and health data and more. You can also set and control your watch or even control other Alexa-compatible smart appliances in your home.

NOTE: The Alexa built-in function does not keep listening to you in the background. The microphone in the watch will only be activated when you use the touch-initiated Alexa. The microphone will turn off when Alexa has responded to you or when you turn off the Alexa screen.

11.23.1 ALEXA SET UP

Follow the steps below to set up your Alexa voice assistant via the App.

- Download and install the Amazon Alexa App in your smartphone. If you do not have an Amazon account, you need to Apply for a new account.

- Pair your Alexa-compatible Ryze Evo Smart Watch with the Ryze Connect App and synchronise the watch with your smartphone. The Ryze Connect App should be running in the background on your smartphone for Alexa to work. Please set the permission for the App on your smartphone to allow it to run in the background.

- In the **'Device'** menu of the Ryze Connect App, tap **'Alexa'**. Tap **'Login with Amazon.'**

- On the redirected page, tap **'GET STARTED.'** Follow the prompt instructions, enter your account details to sign-in to your Amazon Alexa account. Click **'Sign-In.'**
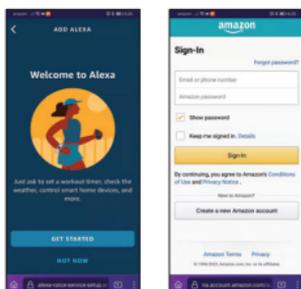

- Open the pop-up link to continue. Tap on **'Continue.'** Tap **'Close.'** Choose English (United States) for **'Alexa language setting'** when prompted. Tap the **'<'** icon on the top left corner to return to the Ryze Connect App.
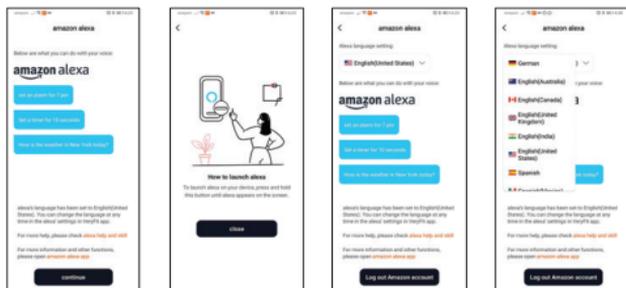
- Set and share your location and time zone with Alexa to allow proper local weather check and alarm setting with Alexa.

- In the **'Device'** menu, check that the status next to **'Alexa'** shows **'Logged In.'**

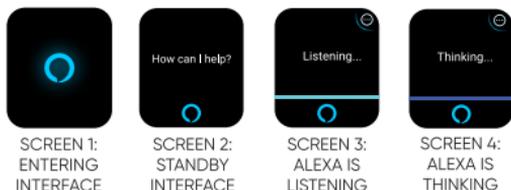### 11.23.2   OPERATION BY VOICE CONTROL
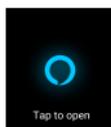
Whilst on the main watch face, swipe right to bring up the Alexa App.

IMPORTANT: Keep your watch close and connected to your smartphone to use Alexa. Ensure the Internet is connected to your smartphone. Turn on Bluetooth on your smartphone. Keep your watch within the vicinity of the phone Bluetooth network for the Alexa service to activate.

- Tap on the Alexa icon.

- When the screen displays **'how can I help'** after 1 second, it confirms that a proper connection for the voice service is established.
- When the screen displays **'Listening...'**, it indicates the watch is listening to your request. Speak (enunciate) your voice command to the watch.
- When the screen displays **'Thinking...'**, it indicates the system is analysing and processing your request.

SCREEN 1:
ENTERING
INTERFACE

SCREEN 2:
STANDBY
INTERFACE

SCREEN 3:
ALEXA IS
LISTENING

SCREEN 4:
ALEXA IS
THINKING

- Tap the icon ⦙⦙⦙ to reveal set alarm, timer and reminder.

The result of your request will be displayed in text on the screen, or the associated App will be launched.

A prompt will be visible on the screen if your Alexa account has not logged into the Ryze Connect App or if it is compromised.
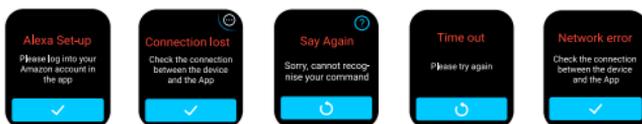
NOTE: Saying **'Alexa'** will not activate the Alexa function on the Ryze Evo Smart Watch. You must first activate Alexa via the App, and turn on the microphone in the watch.

11.23.3　VOICE REQUEST EXAMPLES

FUNCTIONS	VOICE COMMANDS EXAMPLE
Alarm	Set an alarm for 6am
Reminder	Remind me to go for a jog at 6.00pm
Timer	Set a timer for 5 minutes **Note:** Alarms and Timers set via Alexa are mutually independent from Alarm and Timers set via the Ryze Connect app or the watch via Settings > Alarm.
Weather	What is the weather tomorrow? What is the temperature outside?
Shopping List	Add milk to my shopping list.
Message	Turn on messages.
Settings	Turn on settings.
Brightness/Display Setting	Turn on display settings.
Help	Turn on help.
Step Count	What is my step count?
Start Exercise	Start exercise.
Start Outdoor Run	Start an outdoor run.
Start Indoor Run	Start an indoor run.
Start Outdoor Walk	Start an outdoor walk.
Start Indoor Walk	Start an indoor walk.
Start Hiking	Start hiking.
Start Outdoor Cycle	Start outdoor cycling.
Start Indoor Cycle	Start indoor cycling.
Start Cricket	Start cricket.
Start Pool Swim	Start pool swimming.
Start Outdoor Swim	Start outdoor swimming.

12.0 WARRANTY TERMS & CONDITIONS

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

This warranty is provided in addition to your rights under the Australian Consumer Law. Directed Electronics Australia Pty Ltd (Directed Electronics) warrants that this product is free from defects in material and workmanship for a period of 12 months from the date of purchase or for the period stated on the packaging. This warranty is only valid where you have used the product in accordance with any recommendations or instructions provided by Directed Electronics.

This warranty excludes defects resulting from alterations of the product, accident, misuse, abuse or neglect. In order to claim the warranty, you must return the product to the retailer from which it was purchased or if that retailer is part of a National network, a store within that chain, along with satisfactory proof of purchase. The retailer will then return the goods to Directed Electronics.

Directed Electronics will repair, replace or refurbish the product at its discretion. The retailer will contact you when the product is ready for collection. All costs involved in claiming this warranty, including the cost of the retailer sending the product to Directed Electronics, will be borne by you.

Please scan this QR code for customer support.

12.1 INDEMNITY

You agree to defend, indemnify and hold harmless Directed Electronics and its subsidiaries and affiliates from and against any and all claims, proceedings, injuries, liabilities, losses, costs and expenses (including reasonable legal fees), including but not limited to, claims alleging negligence, invasion of privacy, copyright infringement and/or trademark infringement against Directed Electronics and its subsidiaries and affiliates of Directed Electronics, relating to or arising out of your breach of any provision of these terms, your misuse of the Ryze or Ryze services, or your unauthorised modification or alteration of products or software.

12.2 WARRANTY AND WARRANTY DISCLAIMER

Ryze has a limited warranty on whereby Ryze warrants to you only that Ryze Evo Smart Watch 's will be free from defects in materials and workmanship for one (1) year from the date of your purchase (unless a longer warranty period is required by law). The specifics of this Ryze limited warranty are at www.ryzeabove.com.au/warranty.

To the extent possible under governing law, other than the above product warranty for the Ryze Watches, are provided on an 'as is' and 'as available' basis. Ryze makes no warranty that the Ryze product and services will meet your requirements or that use of the Ryze will be uninterrupted, timely, secure or error-free nor does Ryze make any warranty as to the accuracy or reliability of any information obtained through Ryze (including third party content), that any defects in the Ryze will be corrected or that the Ryze will be compatible with any other specific hardware or service. Further, Ryze does not warrant that the Ryze provide you with data and content are free of viruses or other harmful components.

Ryze hereby further expressly disclaims all liability for any claims for service failures that are due to normal product wear, product misuse, abuse, product modification, improper product selection or your non-compliance with any and all Applicable federal, state or local laws. This warranty and warranty disclaimer give you specific legal rights, and you may have other rights that vary by state, province, or country. Other than as permitted by law, Ryze does not exclude, limit or suspend other rights you have, including those that may arise from the nonconformity of a sales contract. For a full understanding of your rights you should consult the laws of your state, province, or country. For our Australian customers: Please note that this warranty is in addition to any statutory rights in Australia in relation to your goods which, pursuant to the Australian Consumer Law, cannot be excluded.

12.3 LIMITATIONS OF RYZE LIABILITY

Under no circumstances will Ryze be liable in any way for any content, including, but not limited to, the loss of content, any errors or omissions in any content, or any loss or damage of any kind incurred in connection with use of or exposure to any content posted, emailed, accessed, transmitted, or otherwise made available via Ryze. Ryze liability for damages, especially for breach of duty or obligation, delay in performance, non-performance, or malperformance shall be precluded, except when these are due to negligent breaches of any significant contractual duty or obligation on the part of Ryze. Any liability for negligence is limited to direct losses usually and typically foreseeable in such case. Should the claim for damages be based on wilful or grossly negligent breach of contractual duty or obligation on the part of Ryze, the preclusion and limitation of liability mentioned in the preceding sentences will not Apply. The preceding preclusion and limitation of liability will also not Apply to claims for damages arising out of loss of life, bodily

injury or health impacts for which Ryze may be liable, or for non-contractual liability. Some states and countries do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not Apply to you. Additionally, this provision is not intended to limit Ryze's liability in the event of Ryze 's wilful or intentional misconduct.

Please Note: This product is not a medical/therapeutic watch. It is not intended for medical use or in the diagnosis, treatment, monitoring or prevention of disease or other health conditions.

13.0 NOTES

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